

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week. 1 4/1/2021 25/01/21 15/2/2021 8/03/2021	LUNCH	Fish Fingers with Chips and Peas	Sausage Mash and Beans	Roast chicken Selection of Vegetables Potatoes	Homemade Cottage Pie with Mixed Vegetables	Macaroni Cheese with Peas Garlic Bread
		Potato and Sweetcorn Fritters with Chips and Peas (v)	Quorn Sausages, Mash and Beans (v)	Quorn Pieces Selection of Vegetables Potatoes (v)	Quorn Cottage Pie with Mixed Vegetables (v)	Macaroni Cheese with Peas and Garlic Bread (v)
Week. 2 11/1/2021 22/2/2021 15/03/2021	LUNCH	Macaroni Cheese with Peas Garlic Bread	Fish Fingers with Chips and Peas	Homemade Cottage Pie with Mixed Vegetables	Sausage Mash and Peas	Roast Chicken Selection of vegetables Potatoes
		Macaroni Cheese with Peas Garlic Bread (v)	Potato and Sweetcorn Fritters With Chips and Peas (v)	Homemade Quorn Cottage Pie with Mixed Vegetables (v)	Quorn Sausages Mash and Peas (v)	Quorn Pieces Selection of Vegetable Potatoes (v)
Week. 3 18/1/2021 8/2/2021 1/3/2021 22/03/2021	LUNCH	Roast Chicken Selection of Vegetables Potatoes	Homemade Cottage Pie with Mixed Vegetables	Fish Fingers with Chips and Peas	Macaroni Cheese with Peas Garlic Bread	Sausage Mash and Beans
		Quorn Pieces Selection of Vegetables Potatoes (v)	Quorn Cottage Pie with Mixed Vegetables (v)	Potato and Sweetcorn Fritters with Chips and Peas (v)	Macaroni Cheese with Peas Garlic Bread (v)	Quorn Sausages, Mash and Beans(v)

Our Daily Selection		
Meal	Time	Selection on offer
Breakfast	Until 9 ish	Toast and spreads, a selection of cereals, fresh milk and water
Lunch	12 ish	As above – Alternatives offered, please speak to the Nursery Manager
Dessert	After Lunch	Ice cream, Yogurts, Frozen Yogurts and Fruit
Tea	4.15 ish	Healthy Sandwiches, Baguettes or Wraps filled with Tuna / Ham/ Cheese / Egg
Morning Snack	Around 10am	A selection of fruit and Vegetable sticks, with Milk or Water
Afternoon Snack	Around 2.00 ish	A selection of our home baked snacks, with Milk or Water
Drinks	All day	Water available throughout the day, Milk available during snack time (as required for Under 2's)

(v) – Vegetarian

For first weaning foods we offer pureed vegetables with gravy and pureed fruit for pudding. All weaning based sauces are made with formula milk Lactose free sauces are provided for those children with lactose intolerance. Special dietary requirements and food allergies are catered for.

Please note some of our meals may change at short notice.