

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week. 1</b> 04/10/2021 25/10/2021 15/11/2021 6/12/2021	LUNCH	Spaghetti Bolognese with Garlic Bread and Salad Bowl.	Vegetable Pizza and Potato Salad	Sausage and Mash with Peas	Fish Fingers with Chips and Beans	Mixed Bean Chilli with Rice
		Quorn Spaghetti Bolognese with Garlic Bread and Salad Bowl (V)	Vegetable Pizza and Potato Salad (V)	Quorn Sausages and Mash with Peas (V)	Vegetable Fingers with Chips and Beans (V)	Mixed Bean Chilli with Rice (V)
<b>Week. 2</b> 11/10/2021 1/11/2021 22/11/2021 13/12/2021	LUNCH	Vegetable Curry with Rice	Fish Pie with Peas and Carrots	Lasagne with Garlic Bread and Vegetable Sticks	Chicken Hot Pot with Potato Wedges	Pasta Bake with Salad Bowl
		Vegetable Curry with Rice (V)	Vegetable Pie (V)	Quorn Lasagne with Garlic Bread and Vegetable Sticks (V)	Quorn Hot Pot with Potato Wedges (V)	Pasta Bake with Salad Bowl (V)
<b>Week. 3</b> 18/10/2021 8/11/2021 29/11/2021	LUNCH	Roast Chicken with Vegetables and New Potatoes	Carbonara with Vegetable Sticks	Cheese and Onion Potato Pie with Salad Bowl	Fish Fillet with New Potatoes and Vegetables	Homemade Cottage Pie with Mixed Vegetables
		Quorn Pieces with Vegetables and New Potatoes (V)	Carbonara with Vegetable Sticks (V)	Cheese and Onion Potato Pie with Salad Bowl (V)	Quorn Fillet with New Potatoes and Vegetables (V)	Quorn Cottage Pie with Mixed Vegetables (V)

Our Daily Selection		
Meal	Time	Selection on offer
Breakfast	Until 9 ish	Toast and spreads, a selection of cereals, fresh milk and water
Lunch	12 ish	As above – Alternatives offered, please speak to the Nursery Manager
Dessert	After Lunch	Ice cream, Yogurts, Frozen Yogurts and Fruit
Tea	4.15 ish	Healthy Sandwiches, Baguettes or Wraps filled with Tuna / Ham/ Cheese / Egg
Morning Snack	Around 10am	A selection of fruit and Vegetable sticks, with Milk or Water
Afternoon Snack	Around 2.00 ish	A selection of our home baked snacks, with Milk or Water
Drinks	All day	Water available throughout the day, Milk available during snack time (as required for Under 2's)

(V) – Vegetarian

For first weaning foods we offer pureed vegetables with gravy and pureed fruit for pudding. All weaning based sauces are made with formula milk Lactose free sauces are provided for those children with lactose intolerance. Special dietary requirements and food allergies are catered for.

**Please note some of our meals may change at short notice.**

Some of our meals may contain allergens. If your child has special requirements please speak to the Nursery Manager. Please ensure your child's registration form is up to date.